

Are you a woman who has survived a stroke?

Do you also care for a family member?

Share your story to change the future!

WHO CAN TAKE PART?

- Adult women living in the community in the UK*
- Who are providing unpaid care for at least 5 hours per week
- Who are caring for 1+ family member (of any age)**
- Who had their stroke at least 12 months ago
- Who were providing care for at least 12 months before their stroke



WHAT DOES IT INVOLVE?

An interview, taking up to 1 hour, via Microsoft Teams or telephone. This would be arranged at a convenient time for you.

The interview would focus on your experiences of caring for someone else whilst on your own stroke recovery journey. Very little research has been done in this area, and it's hoped that this research will help to improve services in the UK.

We want to know what it means to you to be a stroke survivor alongside being a mum, partner, sister, or daughter!



I'M INTERESTED IN TAKING PART!

Please contact me at c.mcgoldrick@surrey.ac.uk to receive more information. You can scan the QR code to automatically begin drafting your email.



* You may participate if you identify as a woman but this does not match the gender you were assigned at birth. You may also participate if you are gender non-binary.

** The person or people receiving care can be any age and have any number of difficulties for which they require support. The people you care for may have physical needs, mental health needs, or both. They may be children or adults. They may be related to you in any way (e.g. by marriage, biologically, etc.). They may be receiving care for age-related reasons (e.g. physical frailty, because they are a child), without a specific condition.

This study has been reviewed and has received ethical approval by the University of Surrey Ethics Committee (ref: FHMS 21-22 058 EGA).

Version 1.0- 27/09/2023 Meaning-making amongst informal caregiving women after stroke survival: The impact on the caregiving experience.

