



Edition 35 - December 2022

News for our partners, members and communities



Appointment of new Chair from February 2023 at Royal Surrey

Royal Surrey NHS Foundation Trust is delighted to announce the appointment of Joss Bigmore as the new Chair to the Trust from March 2023.

Joss was Leader of Guildford Borough Council (GBC) until

October and is currently Deputy Leader with responsibility for Finance and Planning Policy, having previously led on Governance. He will succeed Sue Sjuve, who leaves in February after dedicating six years to the Trust.

Prior to joining the Council in 2020, Joss was a Managing Director of an investment bank, trading equity derivatives, and also has experience investing in early stage companies. [Read more about this announcement here.](#)

What's in this month's Royal Surrey Supporter?

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In the news



Research team looks to improve high-risk cancer surgery

A team of researchers at Royal Surrey has found that the use of minimally-invasive robotic surgical techniques in pelvic exenteration (PE) surgery, can cut the morbidity rate associated with this high-risk surgery, while achieving the same surgical outcome.

The team's findings are detailed in a paper published recently in the *European Journal of Obstetrics & Gynaecology and Reproductive Biology*. [Read more on our website.](#)



CITRuS study sees national expansion

The Trust's CITRuS research study, which seeks to improve the way symptoms of bowel cancer treatments are reported and communicated, has expanded to a number of new sites across the UK.

The study is run and managed by Royal Surrey's Research, Development & Innovation department, but teams from four other hospitals are now supporting the project, with more expected to join soon.

[Read more](#) about this study which is being jointly funded by the local charities BRIGHT and GUTS and supported by Royal Surrey Hospital.

Hand washing technique



Use soap



Palm to palm



Back to hands



Between fingers



Base of thumbs



Fingernails



Wrists



Rinse hand



Dry hands

Help us all have a germ-free holiday season

Infections such as flu and norovirus are on the rise at this time of year.

Hand hygiene is the single most effective way we can stop germs spreading. Hand hygiene isn't all about time, it's about making sure that all surfaces of the hands and wrists are covered with the soap or sanitiser you are using. But, as a guideline, you should wash your hands for 20 seconds – as long as it takes to sing the song 'Happy Birthday to you' twice.



Royal Surrey wins Acute Pain Initiative of the Year Award

A clever collaboration between Royal Surrey's anaesthetic, oncology and radiotherapy teams, introducing the use of an inhaled painkiller for cancer patients, has won two prestigious awards.

The teams' innovative use of Pentrox® for cervix cancer patients is a UK first and won top prize at the Association of Anaesthetists' Winter Scientific Meeting, as well as Acute Pain Initiative of the Year in the National Acute Pain Symposium. [Read more on our website.](#)



Heart failure study highlighted at conference

A Royal Surrey Cardiac Team attended a prestigious conference to present an abstract highlighting their valuable research on elderly patients affected by heart failure.

Led by Cardiac Consultant, Dr TP Chua, the cardiology team carried out a pilot study into the use of a drug to help patients over the age of 75 suffering from a condition where the heart fails to pump effectively.

The finding is an important one because other drugs are often not tolerated in elderly patients suffering from this condition. [Read more.](#)



Trust shortlisted for HSJ Partnership Award 2023

Congratulations to Dr Harsh Saxena, Consultant Anaesthetist, and Michelle Dudley, Pre-op Assessment Team leader and Project Manager for LifeBox, who have been shortlisted for an HSJ Partnership Award 2023, together with Definition Health, a digital health technology company.

The collaborative LifeBox project has been shortlisted in the Best Elective Care Recovery Initiative. LifeBox is a digital tool that builds an interactive patient summary by allowing patients to complete part of their pre-assessment at home ahead of a procedure. [Read more.](#)

Meet our Governor



Appointed Governor, University of Surrey - Prof Paul Townsend

Paul Townsend is the Pro Vice-Chancellor and Executive Dean of the Faculty of Health and Medical Sciences at the University of Surrey where he is also a Principal Investigator.

This faculty is a large research, teaching and innovation focussed academic community. His research group investigates the role of cell survival pathways with a focus on novel therapeutic intervention and biomarker characterisation.

Across the University and wider community, Paul is the lead for Equality, Diversity and Inclusion. [Read more about Prof Paul Townsend.](#)

Support our charity



Run for 'Team Royal Surrey' and register for the Surrey Half Marathon 2023 now!

Surrey's largest half marathon promises a high-quality racing experience for every level of runner; attracting a perfect mix of new and returning runners back each year.

The chip-timed 13.1-mile run follows a professionally marked and measured single loop along fully closed roads from central Woking into the surrounding countryside. This picturesque race is made all the more popular and enjoyable by live performances from local bands, aid stations and communities of cheering spectators. [Run for Team Royal Surrey and register here.](#)

For more information on up-and-coming events or how you can get involved please visit the Royal Surrey Charity website or contact the Fundraising Department: Tel: 01483571122 ext 4438

Email: rsc-tr.fundraising@nhs.net

Website: www.rschcharity.org.uk

Follow the Hospital Charity on social media:

Facebook: [@roysurreycharity](https://www.facebook.com/roysurreycharity)

Instagram: [@roysurreycharity](https://www.instagram.com/roysurreycharity)

Twitter: [@RSCHCharity](https://twitter.com/RSCHCharity)

Stay in touch ... We would welcome your feedback on this newsletter. If you have any comments or wish to unsubscribe please e-mail: lpotgieter@nhs.net

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