

Frimley / Surrey Heartlands Integrated Stroke Delivery Network (ISDN) Stroke Survivor and Carer Panel

Application Pack for Chair or Panel Member



Easy Read Information Pack

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Much of the work in these documents has been taken from similar documents for South Yorkshire and Bassetlaw ISDN.



The Stroke Survivor and Carer Panel wants to hear from members of the public and patients to help make stroke services better.



We want to set up a panel of people with lived experience to help us to do this.

We are looking for people:



- Who have had a stroke
- Who care for someone who has had a stroke



You must live in Frimley / Surrey Heartlands



This pack tells you about the panel and the roles you could apply for.



We are looking for someone to be the 'chair of the panel' and we are looking for 'panel members'.



These would be voluntary. We will reimburse expenses.

We would also offer an optional recognition fee of £25 per half day, which includes time to read papers and attend meetings.



The information below tells you more about our work and information about being part of the panel. You could then apply for one of the roles if you think you have the right skills and free time.



The information is split into different sections:

- Information about who we are
- Information about the Stroke Survivor and Carer Panel
- More details about the roles
- How you can apply



The closing date for applications is Friday 14th October 2022.

What is the Frimley / Surrey Heartlands Integrated Stroke Delivery Network?



The Frimley and Surrey Heartlands Integrated Stroke Delivery Network is trying to make stroke care better for people and families.



To be able to do this we want to make sure the views of people who have had strokes and their family members are at the centre of this work.

What is the Frimley and Surrey Heartlands Stroke Survivor and Carer Panel?



The panel will provide the voice of lived experience. This helps make decisions to improve the care and support for those who have had a stroke or those who care for people who have had a stroke.



Panel members will be asked to think about the future of stroke care, based on their own experience, and what people may want and need in the future.



The panel will be made up of 15 people who will meet every 3 months. The meetings will happen online and in person. The meetings will last 2 hours. The panel will be asked to share their ideas and opinions.



Job Roles

Job Role 1 - Chair of the panel

The Chair would:



- Help to plan the meetings



- Make sure people are listened to and heard



- Tell managers and other professionals what people with lived experience think is important



- Help new members join the panel



- Go to the Integrated Stroke Delivery Network (ISDN) Board meeting with managers and professionals once every 3 months (4 times a year)



- Make sure people work together

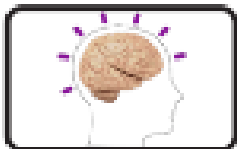


What kind of person are we looking for to be the chair?

You must:



- Live in Frimley / Surrey Heartlands area



- Have had a stroke or care for someone who has had a stroke



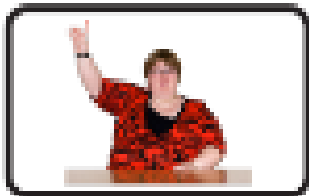
- Know about health and social care and team working



- Be able to listen and learn from people's lives and stories



- Be able to speak up for other people . It is desirable for you to have Chair experience although not essential



- Be able to ask for help and ask questions

It is desirable to have Chair experience but not essential. Also please note that requirements for a Chair differ slightly differ from a Panel Member.



Panel Member Job

What would I need to do?



- The panel member would go to meetings and share their views and ideas with other people in the group



- Go to the meetings every 3 months. This means you would go to 4 meetings a year



- Talk to other people to find out their views and ideas



- Share your views and ideas



What kind of person are we looking for to be a panel member?

You must:



- Live in Frimley / Surrey Heartlands area



- Have had a stroke or care for someone who has had a stroke.



- Know about health and social care and team working



- Be able to listen and learn from people's lives and stories



- Be able to speak up for other people



- Be able to ask for help and ask questions



What support would I get if I want to be the chair or a panel member?



- You can join an online information session. This will give people more information about the roles. Please contact Anne.Woodley@stroke.org.uk

for more information



- If you need support then you will get extra help so you can be part of this work .



- We want to make sure our panel and meetings are made up of different groups of people, to gain a wide range of experiences and opinions



- This includes people of different ages, sex (men, women or non-binary), religion, ethnicity and sexuality (who you are attracted to).

How to apply

What we need from you:



If you apply and are accepted, we ask you to sign an agreement so people can understand and agree to exactly what is expected of them.

How can I apply?

Here is how you can apply:



By post.

Ask for an application form to send back by post:

FAO Anne Woodley, Stroke Association,
Resource Centre, 12 Sterling Business Park, Salthouse Road,
Brackmills, Northampton, NN4 7EX

Send your completed application form by post to the same address.

OR



By email

Ask for an application form by email:
Anne.Woodley@stroke.org.uk

Send you completed application form to Anne at the same email address:

What happens after I apply?



All applications will be looked at by the shortlisting panel.



If we think you have the right skills and experience you will be invited to an interview week commencing 31st October 2022. We will make sure you have the right support. If you are unable to make the interview day we will work to find a time that suits you.



We will need 2 references from you if you pass the interview. References are from people who are not your family. This person can help tell us how they know you and what kind of person you are. We will ask for their contact details.



You can apply for yourself or on behalf of someone else with their consent. Please tell us if you are interested in a particular role, 'chair' or 'panel member'.



If you have any questions please email Anne.Woodley@stroke.org.uk call or text 07392 082786 or write to Anne Woodley, Stroke Association, Resource Centre, 1-2 Sterling Business Park, Salthouse Road, Brackmills, Northampton, NN4 7EX

