

# Can you help?

We are looking for people to tell us about their experiences of being discharged (or caring for someone who has recently been discharged) from hospital and needed follow-up care or support as part of their discharge plan.



## WHO ARE WE?

We are a research team working across Kent, Surrey and Sussex

## WHAT IS THIS ABOUT?

We are evaluating services that help patients leave hospital early on a scheme called Discharge to Assess.

We are looking at the skills, capacity and working relationships across the community that provide care and support to recently discharged patients.

## WHAT WILL IT INVOLVE?

A 45 minute interview with our friendly researcher Jenny Monkhouse, over the phone or an online platform like Zoom.

No personal data from you or anyone else will be disclosed. Taking part will not effect benefits or care received.

## WE ARE LOOKING FOR

Individuals over 18 who have recently been discharged, or who have cared for someone recently discharged from Epsom and St Helier Hospital.

To find out more please ask the person who gave you this leaflet or contact Jenny Monkhouse on [j.monkhouse@kent.ac.uk](mailto:j.monkhouse@kent.ac.uk) or 01227 827914.