

Frimley Health and Care STP Newsletter March 2017

 Health & Wellbeing

 Care & Quality

 Finance & Efficiency

What is an STP?

STP is the Sustainability and Transformation Plan. England has been split into 44 STP areas, known as footprints, as a response to NHS England's five-year strategy in an attempt to close the gap between Health & Wellbeing, Care & Quality and Finance & Efficiency. The system is now experiencing increasing pressure and we have recognised that by working together across all of health, social care and community partners we can have a clear plan on how our local services can be improved and become more sustainable for the future!

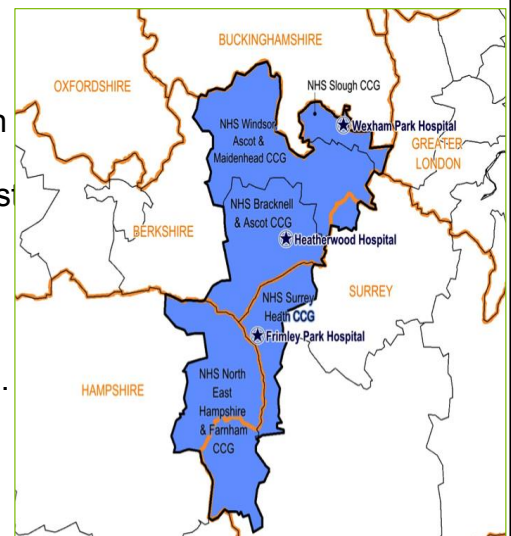
Frimley Health and Care STP

The Frimley Health and Care STP footprint (see map) has a population of **750,000 people** registered with General Practitioners in five Clinical Commissioning Groups areas: Slough, NHS Windsor, Ascot & Maidenhead; Bracknell & Ascot; Surrey Heath and North-East Hampshire and Farnham.

The Frimley system is complex, operating across three counties and encompassing a wide variety of local authorities, community, mental health and social care services being made up of 30 statutory bodies.

Building on strong collaborative relationships, leaders across the system are committed to working together to achieve shared goals and ambitions for our population.

Through a variety of workshops over the last year a plan was devised with five priorities for our area for the next 5 years, with seven initiatives for the next 18 months to deliver these.



Priority 1: Improve wellbeing and increase prevention, self-care and early detection

Priority 2: Improve treatment planning for patients with long-term conditions, including greater self-management and proactive management across all providers

Priority 3: Provide proactive management for people who have multiple, complex and long-term physical and mental health conditions, to reduce crises and prolonged hospital stays.

Priority 4: Redesign urgent and emergency care, including integrated working and primary care models providing out of hospital responses to reduce hospital stays.

Priority 5: Reduce variation and health inequalities to improve outcomes and maximise value for citizens across the population, supported by evidence.

Initiative 1: Ensure people have the skills, confidence and support to take responsibility for their own health and wellbeing.

Initiative 2: Develop integrated decision making hubs to provide single points of access to services such as rapid response and reablement.

Initiative 3: Lay foundations for a new model of general practice provided at scale to improve resilience and capacity.

Initiative 4: Design a support workforce that is fit for purpose across the system

Initiative 5: Transform the social care market including a comprehensive capacity and demand analysis and market management.

Initiative 6: Reduce clinical variation to improve outcomes and maximise value for individuals across the population.

Initiative 7: Implement a shared care record that is accessible to professionals across the STP footprint.

Communications

Welcome to our first newsletter! These will be issued monthly with the aim being to keep people up to date with everything that is STP related.

Workshops

We know there is a lot of good practice in the footprint so the purpose of our workshops is to understand what is going on and looking at what opportunities there are for system wide approaches.

Support Workforce Workshop

15th February 2017

This included attendees from across the footprint, as well as care home managers. The aim of the workshop was to gain a better understanding of the needs and challenges of the support workforce and by working more closely with our partner organisations we can create a more sustainable workforce in the future.

Mental Health Workshop

23rd February 2017

A wide range of Mental Health colleagues from across the footprint attended. The aim of the workshop was to understand how the Mental Health Five Year Forward and the STP could be more closely aligned. There was a focus on four of the STP workstreams: Prevention and Self-Care, Support Workforce, Integrated Care Decision Making Hubs and GP Transformation.

Our next workshop will be regarding Social Prescribing; this will be on the 9th May 2017 from 1pm. If you want to be involved please email Ben.Rowlands@fhft.nhs.uk

Drop in Sessions

To enable you to speak to us in person, we will be arriving at a place near you shortly. Whilst the full itinerary is being scoped, our first drop in sessions will take place on:

12th April 12-2pm The Atrium, first floor, Admin Block, FHFT

26th April 12-2pm Maidenhead Town Hall

Expressions of Interest

We are looking for people to join the STP team and work on the initiatives outlined above. If you are interested or would like an informal chat please email Tina.White@fhft.nhs.uk

If you have anything that you want to contribute to our newsletter or would like to support our priorities then we want to hear from you. We know there is a lot of good work within the system and we want to build on that for the benefit of the whole population.

How to Contact Us

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Further information on the STP can be found here: <https://www.fhft.nhs.uk/about-us/a-better-future-for-health-and-care/our-local-sustainability-and-transformation-plan-stp/>